

Wa no Kizuna

Rules of Competition

KATA

Scoring:

- Highest point totals determine winner.
- If competitors are tied, beginner/novice divisions may repeat their kata for a new score; intermediate/advanced divisions must perform a different kata.
- Beg./Nov. divisions must perform **basic** katas only.

Scoring Criteria:

- Correct stances (dachi)
- Correct techniques and focus of power (kime)
- Correct focus of attention (chakugan)
- Correct form (kihon) of the style being demonstrated
- Proper tension in the abdomen (hara) and no bouncing
- Correct rhythm and timing

Team Kata:

- Three members on each team
- Family division contestants must be members of the same immediate family

KUMITE

WKF Rules: Modified for local tournament, 6 point scoring ceiling

Mandatory Equipment: White karate gi, cloth/soft –leather fist guards (white or WKF red/blue), mouth guard, groin protection (males), white head gear (boys 12 & under: girls 13 & under); **Optional Equipment:** White head gear, shin guards, chest protectors

Match Time:

- Children's Divisions (10 & under) 2 min. running time
- All other divisions except Division S29 2 min. stop time
- Division S29 (18-35 male black belts) 3 min. stop time

Scoring:

- Yuko (Ippon/one point) - punches (zuki) or strikes
- Waza-ari (Nihon/two points) - body (chudan) kicks
- Ippon (Sanbon/three points) - head (jodan) kicks
- Throwing or leg sweeping opponent to mat followed by score

Criteria for Decision:

- First contestant to **six points** or the contestant with the highest points at the end of the match
- In the event of a tie: *Sai shiai* (new match), one minute, first competitor to score wins. Points and penalties reset.
- If *sai shiai* ends in a tie: Decision by *hantei*.

Procedures for Judging

- Referee Panel: Shushin (one vote) and three Fukushin (one vote each)
- Referee must have one flag in support of any decision; must stop match if two flags of same color thrown
- Referee may ask for reconsideration of the decision one time.
- Both sides may receive a score if two votes for each side.
- Judges may signal toremasen (one time) if they disagree that a point or penalty should be assessed.
- Meani: There will not be a separate gesture for meani.

Prohibited Contact to the Head

- Children (boys 12 & under: girls 13 & under): not allowed
- Cadets: (boys 13+ & girls 14+): : foot techniques allowed to make light skin contact to the head
- Adults (18+): Light skin contact to the head allowed with all techniques

Ten Second Clock: We will not be using a ten second clock.

No dual third place: Competitors will fight for third.